

Counseling and Development Inc

COACHING CALL (CLIENT PREP FORM)

**GET THE MOST OUT OF YOUR COACHING CALL BY
PREPARING FOR IT.**

**CLIENT INSTRUCTIONS: Please respond to each question in the
space provided.**

WHAT I HAVE ACCOMPLISHED SINCE OUR LAST CALL

WHAT I DIDN'T GET DONE, BUT INTENDED TO

THE CHALLENGES AND PROBLEMS I AM FACING NOW

THE OPPORTUNITIES WHICH ARE AVAILABLE TO ME RIGHT
NOW

I WANT TO USE THE COACH DURING THE CALL TO....

WHAT I PROMISE TO DO BY THE NEXT CALL